

HALIFAX

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NEWS
WORTH
SHARING.



Tests begin for Canada-made Ebola vaccine

Experimental drug could be shipped to West Africa within months

PAGE 10

'Your freedom taken away'

Calgary teacher accused of sexual abuse has been jailed in Jakarta for three months without charges

PAGE 12

PUT THE PADDLE TO THE PUMPKIN

16TH ANNUAL WINDSOR-WEST HANTS (GIANT) PUMPKIN REGATTA HOSTED SUNDAY

PAGE 3



Herd player faces impaired charge

'Ongoing investigation'

Halifax Mooseheads GM says club stands behind Brandon Vuic despite charges following crash



Brandon Vuic JEFF HARPER/METRO

The Halifax Mooseheads "don't condone" one of their players allegedly drinking and driving and then smashing into a parked car, but "he is a member of our family, and we are working to help him right now," general manager Cam Russell said Monday.

A source told Metro Halifax that 19-year-old forward Brandon Vuic was arrested after a collision on a residential Dartmouth street late last Tuesday night.

Halifax Regional Police aren't releasing the suspect's name, but confirmed Monday they charged a 19-year-old man who lives in Dartmouth with impaired driving and consuming over the legal limit of 80 milligrams of alcohol following

a crash Oct. 7 at about 10:50 p.m. on Freshwater Trail. Officers arrested the man on scene.

The parked car was heavily damaged and an empty liquor bottle was allegedly found in the accused's vehicle, another source told Metro Halifax.

Vuic was listed as a healthy scratch for all three Quebec Major Junior Hockey League games the Halifax Mooseheads played this past weekend, including Friday night's home game and two contests on the road.

Mooseheads management hasn't decided whether Vuic will be suspended, Russell said.

"That's up to us," he said.

Quoted

"We're definitely not turning our back on him."

Halifax Mooseheads GM Cam Russell

"He didn't play this weekend, and that's something that we'll be evaluating," Russell couldn't comment on the "ongoing investigation," but admitted Vuic "made a mistake."

The suspect is due in Dartmouth provincial court at a later date to face the charges, Halifax Regional Police said.

Originally from Hamilton Vuic joined the Mooseheads midway through last season after playing junior hockey in his home province.

Best known for his fighting, the left-winger had three goals and 72 penalty minutes in 23 games for Halifax last season.

"This is uncharted territory for us ... but we're going to use all means possible to help him get through this," Russell said.

KRISTEN LIPSCOMBE/METRO

— WITH FILES FROM PHILIP CROUCHER



FALLING FOR FALL FAIR

Elora Faurba, who is 22 months, makes new friends with a goat she met while visiting the petting zoo at the Maritime Fall Fair on Thanksgiving Monday. The popular fair wrapped up Monday following a five-day run and enjoyed a huge turnout. Story, page 4. STEPHANIE TAYLOR/FOR METRO



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Crime

Woman accused of attempted murder

A 22-year-old woman is facing a charge of attempted murder after a weekend stabbing in a Nova Scotia community.

The RCMP in Lunenburg County say Kate-Lynn Marie Kaiser of New Ross was arrested following a disturbance on Saturday afternoon at a home on Leville Road.

Police allege a 31-year-old man was assaulted inside the house and stabbed by the accused. The two are known to each other, police say.

The victim was taken to hospital, treated and has been released.

Kaiser is also charged with weapons and firearms-related offences.

She is due in Bridge-water provincial court on Tuesday. **METRO**

Crime

Man robbed after leaving club: Police

The RCMP say they are investigating a violent robbery in New Minas involving an attack on a 19-year-old man leaving a nightclub early Sunday.

Around 2:50 a.m., Kings District RCMP responded to reports of an assault in the rear parking lot of a business on Commercial Street.

Police say the 19-year-old was assaulted by a group of three or four men as he left a club with a woman.

The assailants reportedly ran away with the victim's wallet and cellphone. Police say the victim suffered minor injuries.

The RCMP are asking anyone who might have witnessed the incident to contact them. **METRO**



Paddlers race their giant pumpkins in the 16th annual regatta on Lake Pisiquid in Windsor on Sunday. ANDREW VAUGHAN/THE CANADIAN PRESS

Pumpkins set sail

On your mark. Dozens take to Lake Pisiquid for annual regatta

It seems King's-Edgehill School headmaster Joe Seagram has giant pumpkin paddling down to a science.

The Windsor resident nearly blew his competition out of the water during the 16th annual Windsor-West Hants Pumpkin Regatta hosted Sunday.

Thousands of spectators lined the waterfront to watch about 50 personal vegetable crafts (PVCs) cross Lake Pi-



Two girls give it their all Sunday. ANDREW VAUGHAN/THE CANADIAN PRESS

siquid on a sunny afternoon.

The race began with a heat consisting of a record-breaking 14 doubles teams, and one motorized boat captained by Port Williams resident Mark Smith.

The solo paddlers started making their way across the lake midway through the

doubles heat. Seagram, paddling a Despicable Me-themed pumpkin on behalf of his school, passed several pumpkins powered by two paddlers in his pursuit of victory. It seemed like he had come out of nowhere when he reached the finish point just shy of 13 minutes.

Seagram said his strategy was simple: Don't tip.

"Those pumpkins don't like to move. You've got to push them really hard," he said.

Seagram, who won his first pumpkin regatta in 2011, likened paddling a giant pumpkin to sitting in a large teacup.

"It's tippy ... and it will spin," he said.

Falmouth's Jessica Kehoe and Stacia Dolliver were the first of all the competitors to paddle their pumpkin to Windsor's shoreline. The Avon View High School students decided to enter the regatta to represent their school.

They started the race with modest expectations, hoping to simply stay afloat long enough to reach the other side.

The girls managed to gain a respectable lead on their competition by paddling to the edge of the lake where the current was not as strong, and paddling in sync.

"It turns a lot. It's hard to keep going straight," said Kehoe. **THE HANTS JOURNAL**

1 NEWS

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Many thankful for Fall Fair

Place to be. Something for everyone inside arena or out at carnival on holiday Monday

STEPHANIE TAYLOR

halifax@metronews.ca

For George Harteeling, there was no better way to celebrate his 71st birthday than with his grandchildren at the annual Maritime Fall Fair.

"I'm a little kid at heart," he said on Thanksgiving Monday, as his five-year-old grandson Ben bounced on his knee, taking a break from the carnival rides on the grounds outside Exhibition Park.

"I went on the horse ride that was over there," he said, pointing to a nearby carousel. The pair was set to take on a few more rides but was most excited to head inside to see the animals, Harteeling said, "especially the horses."

Hundreds of families piled through the doors of Exhibition Park to catch the last day of the annual fall fair, which took place over the long weekend.

Quoted

"I just can't think of a better way to spend a beautiful afternoon."

Garfield Zinck, who was at the Maritime Fall Fair on Monday

From cotton candy to pony rides, rodeo shows, bouncy castles and a petting zoo, the fair seemed to have something for everyone — big and small.

For Garfield Zinck of Terrance Bay, who grew up going to the fair, he said it has now become a part of his own family's annual Thanksgiving tradition.

"Trinity's the big one on it," he said, laughing and nudging his daughter, who had a pink unicorn painted on her face.

While many of the visitors took in the warm fall sunshine in the carnival outside, Melanie Spence sat inside the arena with her family to watch the Little Moe's Paws for Fun dog show.

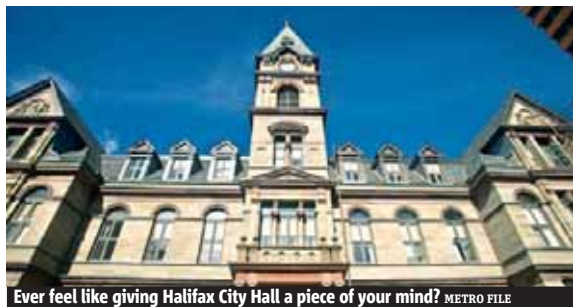
"I like the fast ones best," said her daughter, 4-1/2-year-old Violet, laughing as a border collie dressed as a firefighter rolled and jumped through a set of hula hoops.

"I love all the animals."



Forget turkey balls: these two kids try their best to balance in water hamster balls at the Maritime Fall Fair on a sunny Thanksgiving Monday. STEPHANIE TAYLOR/FOR METRO

HRM seeks public feedback on budget



Ever feel like giving Halifax City Hall a piece of your mind? METRO FILE

If you've always wanted to tell Halifax's regional council how tax dollars should be spent, you now have a chance to put in your two cents.

Residents are being asked to weigh in on the budget process by giving their feedback online or coming out to one of two Community Council sessions.

The first is on Thursday night as Halifax and West Community Council for Districts 7, 8, 9, 10 and 11 meets at 6 p.m.

at the Halifax City Hall council chambers.

The second takes place on Oct. 20 at 7 p.m. as the North West Community Council for Districts 1, 13, 14, 15 and 16 meets at Acadia Hall in Lower Sackville.

Councillors have said they like that the \$845-million budget for 2014-15 lowers residential tax rates by 1.5 per cent and commercial tax rates by 3.8 per cent. **HALEY RYAN/METRO**

'Champion for Halifax'

Former mayor Walter Fitzgerald dead at age 78

Walter Fitzgerald, who served as mayor of Halifax and first mayor of the amalgamated municipality, died in a Halifax hospital on Saturday morning.

He was 78 and suffered from a heart condition.

The former school teacher left politics after be-

ing defeated by Peter Kelly in the 2000 mayoral race. He also served as an MLA in the Halifax area.

"He was truly a man of the people," Mayor Mike Savage said in a statement.

"Walter believed deeply in his city and his province. He leaves behind a legacy of community service and improving the lives of citizens. A champion for Halifax with his trademark affable style, Walter left only friends and a better community behind." **METRO**

2014

BETWEEN:

SUPREME COURT OF NOVA SCOTIA
THE TORONTO-DOMINION BANK, a body corporate
- and -
MARY LOUISE MACDONALD

Hfx No. 428604

PLAINTIFF

DEFENDANT

NOTICE OF PUBLIC AUCTION
To be sold at Public Auction under an order for foreclosure, sale and possession, unless before the time of sale the amount due to the plaintiff on the mortgage under foreclosure, plus costs to be taxed, are paid:

PROPERTY: ALL that certain parcel of land known as 104 Symonds Street, Dartmouth, Halifax County, Nova Scotia, also known as PID 00080051 and more fully described in the mortgage registered at the Halifax County Land Registration Office as document number 95869971. The parcel has been registered pursuant to the *Land Registration Act*.

A copy of the description of the property, as contained in the mortgage under foreclosure, is on file at the sheriff's office and may be inspected during business hours.

Date of Sale: October 16, 2014

Time of Sale: 11:30 a.m. o'clock in the forenoon

Place of Sale: The Law Courts, 1815 Upper Water Street, Halifax, Nova Scotia.

Terms: Ten per cent (10%) deposit payable to McIntosh Cooper in trust by cash, certified cheque, or solicitor's trust cheque at the time of sale, remainder within fifteen days upon delivery of deed.

Signature
Signed on the ____ day of September, 2014.

I. Andrew Rankin
1800-1801 Hollis Street
Halifax, NS B3J 3N4
Telephone: 902-423-6361/Fax: 902-420-9326
11260-1062950/csm

Stephen Kingston, Barrister and Solicitor

2013

BETWEEN:

SUPREME COURT OF NOVA SCOTIA
THE TORONTO-DOMINION BANK, a body corporate
- and -
TANSI ANTOUN MAKHOUL also known as TONY MAKHOUL and ROLA MAKHOUL

Hfx No. 416560

PLAINTIFF

DEFENDANT

NOTICE OF PUBLIC AUCTION
To be sold at Public Auction under an order for foreclosure, sale and possession, unless before the time of sale the amount due to the plaintiff on the mortgage under foreclosure, plus costs to be taxed, are paid:

PROPERTY: ALL that certain parcel of land known as 53 Ardwell Avenue, Halifax, Halifax County, Nova Scotia, also known as PID 40582470 and more fully described in the mortgage recorded at the Halifax County, Land Registration Office as document number 97558176. The parcel has been registered pursuant to the *Land Registration Act*.

A copy of the description of the property, as contained in the mortgage under foreclosure, is on file at the sheriff's office and may be inspected during business hours.

Date of Sale: October 16, 2014

Time of Sale: 10:00 o'clock in the forenoon

Place of Sale: The Law Courts, 1815 Upper Water Street, Halifax, Nova Scotia.

Terms: Ten per cent (10%) deposit payable to Boyne Clarke LLP in trust by cash, certified cheque, or solicitor's trust cheque at the time of sale, remainder within fifteen days upon delivery of deed.

Signature
Signed on the ____ day of September, 2014.

I. Andrew Rankin
1800-1801 Hollis Street
Halifax, NS B3J 3N4
Telephone: 902-423-6361/Fax: 902-420-9326
11260-1045998/csm

Joshua J. Santimaw, Barrister and Solicitor

SIRT. Investigation after man suffers head injury during police pursuit

Nova Scotia's Serious Incident Response Team is investigating after a man's head was injured while he was being pursued by police.

Police say they received a complaint of an impaired driver who was also believed to be in possession of a firearm late Friday night in the Musquodoboit Harbour area of Halifax.

RCMP say after pulling over the 33-year-old man, he allegedly ran from officers into the woods.

What is SIRT?

The Serious Incident Response Team investigates all serious incidents involving police in the province, regardless of whether there is an allegation of wrongdoing.

He was arrested soon after and taken to hospital, where it was discovered that he had broken a bone in his head.

THE CANADIAN PRESS

Timberlea. Man, woman ejected from vehicle after crash on Highway 103

The RCMP in Halifax are investigating a single-vehicle crash that resulted in two people being ejected from a vehicle.

Police say the accident happened on Highway 103 between Exit 3 and 4 near Timberlea around 6:30 p.m.

Police say a man in his 50s from the Halifax area and a woman from Prince Edward

Island, also in her 50s, were ejected from the car.

The woman was airlifted to hospital in Halifax with life-threatening injuries. The man was taken to the QEII hospital by ambulance and has serious injuries. Traffic was diverted away from the crash site for several hours as police investigated. METRO

Neil's Harbour

Youths arrested in connection with house fire

Nova Scotia RCMP say two youths have been arrested in connection with a house fire in Cape Breton.

Police say the fire engulfed the abandoned house on Sept. 19 in Neil's Harbour, about 150 kilometres north

of Sydney.

Officers say evidence obtained during the investigation led police to arrest two youths from the Neil's Harbour area.

Const. Eric Latwaitis said neither the age nor gender of the youths will be released because Neil's Harbour is a small community of roughly 300 people and police did not want to identify them inadvertently.

THE CANADIAN PRESS

'One big family' at Souls Harbour

A day to give. Mission welcomes hundreds for annual Thanksgiving dinner

Lend a hand

Souls Harbour Rescue mission is located at 5568 Cunard St. According to their Facebook page, they are looking for volunteers "to cook and serve soup, and just hang out with our guests"

BRAEDON CLARK

halifax@metronews.ca

A huge crowd lined up around the corner and down the street for a chance to enjoy good company and even better food for an early Thanksgiving on Saturday.

Lunchtime at Souls Harbour Rescue Mission was busy. The mission, located on Cunard Street, was putting on a Thanksgiving dinner and it seemed as though everyone in the neighbourhood knew.

"I heard about it through the grapevine," said William Lank, sitting at a table in front of his turkey and pie. "This community does a good job letting people know what's going on."

Lank said he comes to Souls Harbour five days a week for lunch. What would he do without it?

"I'm not sure," he said. "I'd have to scrounge around for something else."

Saturday represented the fourth annual Thanksgiving dinner at the mission. According to founding director Michelle Porter, it was by far

the biggest.

"We're prepared for as many as 400 people," she said. "Our second level is filling up and we've had a line around the block this morning. We've been able to put together a group of 60 volunteers for this, which is just fantastic."

As dinner was served, a live band began performing on stage and the air was full of music and conversation.

Five long tables were jam-packed with people. Every plate was stuffed with bread, salad, potatoes and turkey, with several types of pie available for dessert.

"Come by later in the week if you're looking for turkey leftovers," Porter said to laughs from the crowd.

According to Lank, the food is great, but there's another aspect to the dinner that was even more important.

"What these people are doing here is really wonderful. I feel respected and like I'm a member of one big family."

Quoted

"I came all the way from the south end for this."

William Lank



Volunteers dish out food at a Thanksgiving dinner at Souls Harbour Rescue Mission on Saturday. BRAEDON CLARK/FOR METRO



My mom taught me...

it's better to be kind than to be right, a girl can be anything she wants to be, it costs nothing to give someone a helping hand, and to

always choose Baxter.

Baxter
We're Family

'You are invisible no longer'

'We are sorry.'

Premier apologizes for abuse that took place at Nova Scotia Home for Colored Children

Premier Stephen McNeil apologized Friday for the abuse that former residents of the Nova Scotia Home for Colored Children suffered, acknowledging that their pleas for help went unanswered in what he described as one chapter in the province's history of systemic racism.

The formal apology came after years of a struggle for recognition by the former residents of the Dartmouth orphanage, some of whom were in the legislature and stood in applause when the gesture was delivered.

"Some of you had said that you felt invisible. Well I want to say to you today you are invisible no longer. We hear your voices and we grieve your pain and we are sorry."

Quoted

"It is one of the great tragedies in our province's history that your cries for help were greeted with silence for so long."

Premier Stephen McNeil

Tony Smith, one of the former residents who led the fight for public and legal recognition, said he was thankful for the apology. He told the audience inside the legislature's Red Room that he used to be ashamed to say he lived in the home.

"I'm proud to say that I am a former resident of the Nova Scotia Home for Colored Children," Smith said. "This historical apology is an apology we, the former residents, dreamed of but believed this dream would never come to light."

People who lived in the home as children allege that they were subjected to physical, psychological and sexual

abuse over several decades up until the 1980s.

In March 2012, the RCMP and Halifax police began urging people to come forward with their allegations. Investigators interviewed 40 complainants across Canada but by December of that year police said the information collected didn't support criminal charges.

Class-action lawsuits were launched by the former residents against the home and the provincial government, which eventually ended in settlements totalling \$34 million.

The lawyer for the former residents has said nearly 250 people are eligible for the payouts.

The Liberal government has also promised to hold a public inquiry into the alleged abuse.

"The journey continues and I just hope that everyone takes advantage of the offer from the government to seek the help that they need," said former resident Tracey Dorrington-Skinner.

THE CANADIAN PRESS



Premier Stephen McNeil talks with former resident Robert Borden on Friday, after extending an apology to all of the former residents of the Nova Scotia Home for Colored Children. THE CANADIAN PRESS/ANDREW VAUGHAN

Hiker injured in woods, rescued by helicopter

A woman hiking in the woods near Economy on Sunday had to be airlifted out due to injuries.

Major Martell Thompson with the Joint Rescue Coordination Centre Halifax said the centre received a call requesting their support at around 7 p.m.

"They were about eight kilometres into a wooded trail and it was difficult to get

At a glance

The major didn't have any information as to the extent of the woman's injuries, or any particulars on her, such as age.

local responders in," Thompson said on Monday.

Because of that, a Cormor-

ant helicopter based out of Greenwood was dispatched to the scene for assistance.

"They conducted a hoist operation, where they were able to lower themselves onto the trail to assess the medical situation, and then hoist the patient and her companion to the helicopter where they were taken to hospital in Truro," said Thompson.

TRURO DAILY NEWS

Tense talks

Nurses in Halifax accept contract agreement

A group of unionized nurses in Halifax has accepted a contract agreement with their health authority after lengthy and difficult negotiations.

Members of Local 97 of the Nova Scotia Government and General Employees Union voted to accept the offer Friday, despite ongoing concerns about staffing and patient safety.

Union president Joan Jessome says the deal comes

after tense labour talks with Capital District Health Authority and job action by nurses before the government introduced essential services legislation.

Jessome says the legislation stopped the conciliation process and prevented nurses from striking until April 2015.

She says the union didn't want to make nurses wait until next spring to resolve the negotiations.

Premier Stephen McNeil said in a statement he was pleased a deal was reached, but no details of the agreement were released.

THE CANADIAN PRESS

Pictou

Man charged with aggravated assault

Nova Scotia RCMP say a man is facing an aggravated assault charge after allegedly assaulting another man.

Police say officers were called to a home in Pictou early Saturday morning after reports of an assault.

Forty-seven-year-old Randall Edwin Mills was charged with aggravated assault.

THE CANADIAN PRESS

Where would you draw the lines?

Let your voice be heard at the Community Council Session:

Oct 14 Halifax and West Community Council, Halifax Council Chamber, 1841 Argyle St. 6:00 p.m.

Go to shapeyourcityhalifax.ca if you can't make it to one of the community council sessions. Use our Budget Allocator, an online tool, that lets you adjust taxation amounts to support the level of services you think the municipality needs.

SHAPE YOUR CITY BUDGET

HALIFAX



Psychologist calls Pistorius 'a broken man'

Judge ponders sentence. Hearing to last several days

Oscar Pistorius is a "broken man" after killing girlfriend Reeva Steenkamp and has already suffered emotionally and financially, a psychologist called by the Olympic runner's lawyers testified Monday ahead of his sentencing.

Dr. Lore Hartzenberg gave the testimony ahead of Pistorius' sentencing for culpable homicide, and it was almost immediately characterized by the chief prosecutor as lacking balance. Prosecutor Gerrie Nel also expressed shock after a defence witness suggested Pistorius be sentenced to occasional house arrest and community service for shooting dead his girlfriend.

After Hartzenberg described how Pistorius had suffered since the Valentine's Day killing last year, Nel noted that the double-amputee athlete likely still has the chance to rebuild his life and possibly continue his career, whereas Reeva Steenkamp is dead and her family is devastated.

"We are now dealing with a broken man, but he is still alive," the prosecutor said. He asked the psychologist what



Oscar Pistorius, foreground, in court Monday, Oct. 13.

MARCO LONGARI/THE ASSOCIATED PRESS

she knew about Steenkamp. "Do you know anything about her dreams, what she wanted to do in life?" Nel said.

Judge Thokozile Masipa was hearing evidence on the first day of Pistorius' sentencing hearing, which is expected to last several days. After listening to testimony from witnesses called by both the defence and prosecution,

Masipa will decide on Pistorius' sentence.

It can range from a suspended jail sentence and a fine to as many as 15 years in prison. Masipa last month found Pistorius, 27, guilty of culpable homicide but not guilty of both premeditated murder and murder in his killing of Steenkamp at his home. **THE ASSOCIATED PRESS**

Police shootings

Nearly 20 arrested during Missouri rally

Nearly 20 people were arrested Monday during a large rally in Missouri, where protesters have been unremittent since an unarmed 18-year-old black man was fatally shot by a police officer. Clergy members led several hundred people on a march, using a bullhorn to read the names of people killed by police across the U.S., marking the third straight day of recent protests in the St. Louis suburb where Michael Brown was fatally shot Aug. 9 by a white police officer.

THE ASSOCIATED PRESS

Idaho. Man dressed as zombie killed by bus at corn maze paintball event

A bus carrying paintball players struck and killed a Washington state man inside a zombie attraction at a corn maze in northern Idaho, authorities said Saturday.

Jeremy T. McSpadden Jr., 18, of Spokane Valley, Washington, was a role player in the Zombie Slayer Paintball Bus attraction at the Incredible Corn Maze in Hauser on Friday night, the Kootenai County Sheriff's Office said.

Dressed as a zombie, he emerged from his hiding place and ran toward the modified school bus, but he tripped and fell in front of the

rear passenger-side tires, witnesses reported.

He was run over and apparently killed instantly. Because of the uneven terrain of the corn maze, the bus frequently rocks, and the occupants did not immediately notice what had happened, investigators said.

"It was not until the bus had travelled away from the victim's location and the role players began to reset for the next bus to come along that anyone realized something was wrong," the sheriff's office said in a news release.

THE ASSOCIATED PRESS

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Birth control pill linked to fish infertility

Study. Researcher says 'feminizing' problem can be reversed with better waste-water treatment in Canada

The lead researcher of a new study is calling for improvements to some of Canada's waste-water treatment facilities after finding that introducing the birth control pill in waterways created a chain reaction in a lake ecosystem that nearly wiped out a freshwater fish.

The study, published Monday, found that introducing small amounts of estrogen into a lake led to the near extinction of the fathead minnow because it interfered with the fish's ability to reproduce.

Lead researcher Karen Kidd of the University of New Brunswick said the study has been ongoing since the late 1990s, when researchers in the United

Kingdom discovered that male fish began to develop eggs when estrogen was introduced in their habitat.

Kidd said their study set out to build on that research to determine whether the estrogen would effect the fathead minnow's ability to reproduce and whether there were larger effects on the lake's ecosystem.

"Right away, the male fish started to respond to the estrogen exposure by producing egg yolk proteins and shortly after that they started to develop eggs," she said in an interview from Saint John, N.B. "They were being feminized."

Kidd said shortly after introducing the estrogen, the numbers of fathead minnow crashed, reducing numbers to one per cent of the population.

"It was really unexpected that they would react so quickly and so dramatically," she said, adding: "It's a problem that we can certainly resolve with better waste-water treatment."

THE CANADIAN PRESS



A researcher is calling for improvements to some of Canada's waste-water treatment facilities after finding that introducing the birth control pill in waterways nearly wiped out a freshwater fish. ISTOCK



School opens in Haiti to honour Mountie who died in 2010

Carpenter Mario Celestin, centre, shows students a machine in the carpentry room during the opening of the Sgt. Mark Gallagher Memorial Vocational School on the outskirts of Port-au-Prince, Haiti, on Monday. Sgt. Mark Gallagher, a well-known spokesman for the RCMP in the Maritimes, was killed almost five years ago in the devastating 2010 earthquake while he was on an educational mission in the Caribbean country. DIEU NALIO CHERY/THE CANADIAN PRESS

Animal rights group calls for changes after uncovering pigs' 'journey to hell'

An animal rights group is urging the federal government to update regulations on animal transport after releasing a video that alleges abuse at a hog facility in Red Deer, Alta.

Mercy for Animals sent an undercover investigator to the Western Hog Exchange facility for 10 weeks from May to August of this year.

The investigator captured video of the pigs being kicked and struck with what appears to be a club, but Mercy for Animals' executive director

Krista Osborne said the video is "merely a glimpse" of the abuse and cruelty animals are subjected to during transportation.

"These animals are truly on a journey to hell," she said during a press conference on Monday, adding that current Canadian regulations allow for animals to be trucked thousands of kilometres for up to 52 hours without food, rest or water. "Their journey is filled with fear, pain and distress."

The video also shows pigs stuffed in overcrowded corals and several injured animals limping around.

Osborne said that every year, more than eight million animals arrive at slaughterhouses either dead or too sick or injured to be fit for human consumption. She said pigs sometimes arrive at their destination frozen to the truck.

"They suffer agonizing deaths from dehydration, starvation, suffocation and severe injuries due to overcrowding,"

Osborne said.

Alberta's Society for the Prevention of Cruelty to Animals is looking into the allegations and the facility has also launched an independent investigation.

Mercy for Animals want to see stricter limits on transportation times, better conditions for animals in transit and clearer definitions on what it means for an animal to be not fit for transport.

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Canadian Ebola vaccine tests have begun in healthy people

VSV-EBOV vaccine.

Twenty vials have been sent to a U.S. military lab in Maryland for testing on about 40 healthy volunteers

Human testing of an experimental Canadian-made Ebola vaccine began Monday, with federal officials saying the drug could be shipped to West Africa within months if it proves successful.

Health Minister Rona Ambrose said the launch of the vaccine's first clinical trial marks a promising step in the global campaign to contain the virus, which the World Health Organization says has killed more than 4,000 people.

Twenty vials of the vaccine have been sent to the Walter Reed Army Institute of Research in Maryland for testing on about 40 healthy volunteers,



Protect Environmental Services Inc. workers move disposal barrels to a staging on area on Monday outside the apartment of a U.S. healthcare worker in Dallas, who treated Ebola patient Thomas Eric Duncan and was the second person in the U.S. to test positive for the virus. BRANDON WADE/THE ASSOCIATED PRESS

she said.

The Phase 1 trial will determine if the vaccine created by Public Health Agency of Canada, known as VSV-EBOV, is safe for human use. It will also determine the proper dosage

level and test for possible side effects, Ambrose said.

Studies have shown the vaccine works in primates both to prevent infection when given before exposure and to increase survival chances when given

quickly after exposure.

Canada's chief public health officer said results from the human trial are expected by December, and if successful, the next stage would be to test it in a larger human sample, in-

Ebola scare in Ontario

Health officials in Ottawa and Belleville, Ont., announced Monday that two patients were placed in isolation as a precaution because they showed Ebola-like symptoms.

- Ottawa Public Health said the patient in Ottawa Hospital has tested negative for the virus.
- Results for the patient in Belleville are not available. Officials say the patient was in Sierra Leone recently, but consider it unlikely the symptoms will turn out to be Ebola.

cluding those directly handling Ebola cases in West Africa.

A small U.S. company called NewLink Genetics holds the licence for the vaccine and will be arranging the trials at the U.S. military lab. **THE CANADIAN PRESS**

Ebola's economic effects

Education a 'good defence strategy,' WHO says

The World Health Organization called the Ebola outbreak "the most severe, acute health emergency seen in modern times" on Monday, but also said that economic disruptions can be curbed if people are adequately informed to prevent irrational moves to dodge infection.

WHO Director-General Margaret Chan said 90 per cent of economic costs of any outbreak "come from irrational and disorganized efforts of the public to avoid infection."

Chan said that adequately educating the public was a "good defence strategy" and would allow governments to prevent economic disruptions. Health officials should also continue to focus on other health threats, including non-communicable diseases, she said. **THE ASSOCIATED PRESS**

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YEARS

Teacher jailed in Jakarta hopes 'nightmare' will come to an end

Neil Bantleman.

Former Calgary educator thankful for the support of friends, family and strangers



JEREMY NOLAÏS
Metro in Calgary

He's been locked away for more than three months, sharing a tiny cell with up to eight men at a time.

By day, he reads, draws, meditates and practises his Bahasa, the official language of Indonesia.

The food provided is of terrible quality, the bath and toilet aren't private and the security measures are seemingly inadequate.

But still, Neil Bantleman remains confident that his name will be cleared and that he will

Freedom lost

"The worst part is being away from Tracy and having your freedom taken away. I miss my colleagues and the students and the sense of being part of a the school community."

Neil Bantleman, former Calgary private school teacher, discusses the worst parts of his imprisonment in Jakarta.

be free to return home to his wife, Tracy.

"All things considered I'm OK," he said during a Metro message interview arranged with the former Calgary private school teacher from his cell in the Indonesian capital of Jakarta. "(I'm) being hopeful, staying positive and praying that this nightmare will end soon."

"(The) worst part is being away from Tracy and having your freedom taken away," he added. "I miss my colleagues and the students and the sense of being part of the

school community."

Bantleman and a fellow teacher from the Jakarta International School, Ferdinand Tijong, were arrested July 14 amid allegations of sexual abuse involving kindergarten-aged students.

The pair have been detained since but claim not a single shred of evidence has been presented to justify police suspicions.

Outside the jail, hundreds have rallied around the pair, holding candlelight vigils and writing letters to Canadian Foreign Affairs calling for action to



Neil Bantleman, left, wife Tracy as well as Ferdinand Tijong and wife Sisca are seen during a visit last week to the jail where the two men have been held since July. IMAGE COURTESY TRACY BANTLEMAN

secure their release.

Indonesian law allows a suspect to be held for 120 days without a criminal file being taken on by a prosecutor; over the weekend, Bantleman's time behind bars eclipsed the 90-day mark. But in his messa-

ges Bantleman gave no indication that he was bitter, stating he simply wanted to be set free.

"I am humbled and deeply appreciative of all the support I have received," said Bantleman, who previously taught for a decade at Calgary's Web-

ber Academy.

"The community of support is overwhelming ... a loving family, friends from far and wide and complete strangers who have offered their support and prayer continues to give me the strength to carry on."

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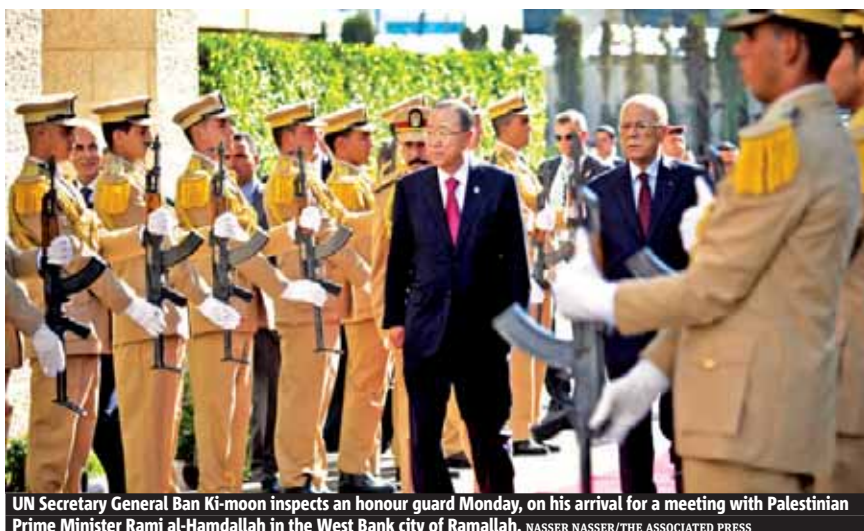
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UN Secretary General Ban Ki-moon inspects an honour guard Monday, on his arrival for a meeting with Palestinian Prime Minister Rami al-Hamdallah in the West Bank city of Ramallah. NASSER NASSER/THE ASSOCIATED PRESS

UN chief slams Israel expansion

Settlement building.

Ban Ki-moon urges Netanyahu to halt plan for 2,500 homes in East Jerusalem

UN Secretary General Ban Ki-moon chastised Israeli Prime Minister Benjamin Netanyahu on Monday over the issue of Jewish settlements and challenged him to show "leadership" and make compromises for peace.

The uncharacteristically harsh language by Ban came during a visit to Jerusalem, where the UN chief denounced Israel's latest construction move as a "clear violation of international law."

Ban was referring to an announcement by the Jerusalem municipality two weeks ago, which said it had approved plans for the construction of some 2,500 homes in Givat Hamatos. The construction would complete a band of Jewish housing in east Jerusalem

Police face demonstrators

Clashes at holy site

Palestinian demonstrators clashed with Israeli police at a sensitive holy site in Jerusalem on Wednesday, leaving three officers slightly injured, a police spokeswoman said.

The clashes erupted after several dozen masked Palestinians began throwing rocks, firecrackers and other pyrotechnical devices at police when the site — known to Jews as the Temple Mount



A Palestinian woman protects herself from tear gas on Monday, during clashes in the Old City in Jerusalem. THE ASSOCIATED PRESS

and to Muslims as the Noble Sanctuary — opened for prayers on Wednesday morning, said spokeswoman Luba Samri. THE ASSOCIATED PRESS

and present another obstacle to the Palestinian goal of establishing a capital in the area, which was captured by Israel in the 1967 Mideast war.

"This does not send the right signals, and I urge the government of Israel to reverse these activities," Ban said, standing next to Netanyahu. "The status quo is not tenable. It is clear the

sides must return to the negotiation table with the readiness to make the tough but necessary compromises."

Then, turning to his host, Ban added: "This is the time for leadership, Mr. Prime Minister, for the resumption of talks, for an end to polarization. There is not a moment to lose."

THE ASSOCIATED PRESS

Gaza reconstruction daunting

Pledges of \$2.7 billion for reconstructing the Gaza Strip may seem impressive, but huge challenges lie ahead as the Palestinian government had asked for more and its prime minister questioned Monday whether all of the money would actually arrive.

The rebuilding of thousands of homes, shops and factories destroyed in the Israel-Hamas war this summer

also will require co-operation between longtime adversaries and an intricate monitoring system, either of which could break down at any point.

Israel will have to lift its border restrictions, in place since the Hamas takeover of Gaza in 2007, and allow huge quantities of cement and steel into the territory. By some estimates, Israel will have to let in more than 20 times what

it permitted before the war if Gaza's housing needs are to be met within five years.

On the Gaza side, United Nations inspectors and a Palestinian unity government trying to take over from Hamas will have to ensure that the shipments are not diverted by the Islamic militant group for military use, such as anti-Israel attack tunnels it built in the past. THE ASSOCIATED PRESS

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Alaska. Gay couples apply for marriage licences as federal judge revokes ban

Several gay couples lined up early on Monday in Alaska to apply for marriage licences after a federal judge struck down the state's ban on same-sex unions on Sunday.

Matthew Hamby, the lead plaintiff in the case to make gay marriage legal in Alaska, was among the first to arrive to get his licence in the city of Anchorage and spent most of the morning helping others. He got to his application only after the steady stream of couples began to dwindle.

Alaska has a three-day waiting period between ap-

plications and marriage ceremonies, meaning the first unions could come Thursday.

The far-flung conservative state has become the latest to see its ban struck down in a flurry of legal rulings that have drastically changed the landscape for same-sex marriage across America.

Five gay couples brought the Alaska lawsuit in May, seeking to overturn a constitutional amendment approved by voters in 1998 that defined marriage as being between one man and one woman. **THE ASSOCIATED PRESS**

Lost and found

Pet parrot returned after four years

A pet African grey parrot that spoke with a British accent when it disappeared from its home four years ago has been reunited with its owner — and the bird now speaks

Spanish.

A woman found Nigel outside her home and brought him to Southern California veterinarian Teresa Micco, who has been running ads for her own missing bird for nine months. Micco tracked Nigel's microchip to Darren Chick of Great Britain.

THE ASSOCIATED PRESS

Kim Jong Un shows up after disappearing for five weeks



North Korean leader Kim Jong Un, seen in this July 2013 photo, reappeared on Tuesday after not being seen in public for five weeks. **THE ASSOCIATED PRESS**

It's official. North Korea's state news agency makes no mention of the leader's health, detailing only his comments

North Korean Leader Kim Jong Un made his first public appearance in five weeks on Tuesday, the official news agency reported, ending a prolonged absence that fuelled speculation about his health and control over the country.

Korean Central News Agency said Kim "gave field guidance" on Tuesday at the newly built Wisong Scientists Residential District. The agency said earlier in the day, Kim "visited the newly built Natural Energy Institute of the State Academy of Sciences."

Kim had last been seen in

Reasons for absence?

Kim Jong Un has been reported variously to be suffering from gout, from diabetes, from a brain hemorrhage, from a heart ailment, from a leg injury that required surgery from a French doctor, from mental illness or, according to a head-turning British report, from a cheese addiction.

the state media five weeks ago at a Sept. 3 concert, and missed several high-profile events that he normally attends. An official documentary released last month made a single reference to Kim's "discomfort" and showed video footage from August of him overweight and limping.

Many analysts believe that while Kim may have some health issues, he's probably not in serious trouble.

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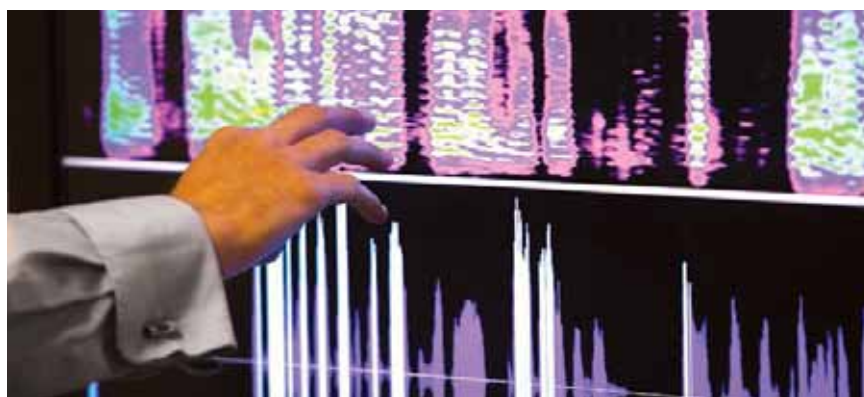
The technology is set to become the 'de facto standard' by 2017

Over the telephone, in jail and online, a new digital bounty is being harvested: the human voice.

Businesses and governments around the world increasingly are turning to voice biometrics, or voiceprints, to pay pensions, collect taxes, track criminals and replace passwords.

"We sometimes call it the invisible biometric," said Mike Goldgof, an executive at Madrid-based AGNITIO, one of about 10 leading companies in the field.

Those companies have helped enter more than 65 million voiceprints into corporate and government databases, according to Associated



A speech scientist with a voice recognition technology company ValidSoft, points to a screen displaying the voice biometric features of a telephone call during a demonstration at the company's office in central London in September. THE ASSOCIATED PRESS

Press interviews with dozens of industry representatives and records requests in the United States, Europe and elsewhere.

"There's a misconception that the technology we have today is only in the domain of the intelligence services, or

the domain of Star Trek," said Paul Burmester, of London-based ValidSoft, a voice biometric vendor. "The technology is here today, well-proven and commonly available."

And in high demand. Dan Miller, an analyst with Opus Research in San Fran-

cisco, estimates that the industry's revenue will roughly double from just under \$400 million US last year to between \$730 million and \$900 million next year.

Barclays PLC recently experimented with voiceprinting as an identification

for its wealthiest clients. It was so successful that Barclays is rolling it out to the rest of its 12 million retail banking customers.

"The general feeling is that voice biometrics will be the de facto standard in the next two or three years," said Iain Hanlon, a Barclays executive.

Vendors say the timbre of a person's voice is unique in a way similar to the loops and whorls at the tips of someone's fingers.

Their technology measures the characteristics of a person's speech as air is expelled from the lungs, across the vocal folds of the larynx, up the pharynx, over the tongue, and out through the lips, nose, and teeth. Typical speaker recognition software compares those characteristics with data held on a server. If two voiceprints are similar enough, the system declares them a match.

THE ASSOCIATED PRESS

In Canada and beyond

TD Bank is now using voiceprints

Canada's TD Bank Group, the National Australia Bank Ltd. and the Bank of New Zealand are among the businesses allowing customers to sign into their accounts or skip call centre security questions by supplying a voiceprint.

California-based VoiceVault gives consumers the option of attaching "vocal signatures" to documents by speaking into the receiver following a telephone prompt.

Israeli company FST Biometrics is using voice biometrics to secure everything from apartment complexes to airports.

Georgia-based AnyTrax uses the technology to monitor low-risk offenders on parole. The automated calls to an offender's home landline prompts the person being monitored to repeat a random set of numbers into the phone.

THE ASSOCIATED PRESS

Liquor ad laws

A whisky fair by any other name will taste as sweet?

It's a whisky trade fair. But it can't say it is.

Authorities in Finland have ordered the Beer and Whisky Expo Finland 2014 to change its name, arguing it violates Finland's law against advertising liquor. The event will now be called simply a beer expo, since advertising mild alcoholic beverages such as beer, is allowed. THE ASSOCIATED PRESS

Beijing

\$3.3B, 300-acre Universal theme park set for China

China has approved the development of a \$3.3 billion US Universal theme park in Beijing that would be the first major foreign-owned theme park in the Chinese capital. The U.S. company Comcast NBCUniversal and a group of four Chinese state-owned companies said the park will be developed on about 300 acres in Beijing. THE ASSOCIATED PRESS

Skewering Yelp's business model

First the chefs of a small Italian restaurant got mad at online review site Yelp. Instead of trying to get better reviews, they decided to take a different approach: Get terrible ones.

The campaign helped Botto Bistro get a rating of one out of five stars, as more than 1,000 reviewers left hundreds of tongue-in-cheek reviews panning the Richmond, Calif., eatery, said chef Michele Massimo, adding that it boosted business.

It was the latest protest among businesses who for

years have complained that Yelp was extorting them by raising or dropping ratings depending on whether they advertised with the Internet's most popular review site.

Yelp has persistently denied those claims on its website, in court and at every opportunity when the question is put publicly to the company.

"It wouldn't pass the straight face test," Yelp spokesman Vince Sullitto said of the extortion claims.

THE ASSOCIATED PRESS



Chef Michele Massimo prepares a salad in the kitchen of his restaurant Botto Bistro Wednesday. BEN MARGOT/THE ASSOCIATED PRESS

NOTICE

TO: Pat Ryder
45 John Savage Avenue, Dartmouth, NS B3B 2C9

FROM: Jason D.L. Boudrot
Boudrot Rodgers Law Inc.
301 Pitt Street, Unit 1, Port Hawkesbury, NS B9A 2T6

Solicitor for Shining Waters Marine Limited
148 Nautical Way, Tantallon, NS B3Z 2P3

RE: *Sale of Motor Vehicle (Wait n'Sea)*
Pursuant to the Warehouseman's Lien Act (Nova Scotia)

Take notice that on October 31st, 2014 the Motor Vehicle, Wait n'Sea, located at 148 Nautical Way, Tantallon, NS B3Z 2P3, shall be sold at public sale to take place at 10:00 a.m. on October 31st, 2014, at 148 Nautical Way, Tantallon, Nova Scotia, unless the full sum of \$4,988.70, being the total amount owed by you to Shining Waters Marine Limited is paid in full on or before 5:00 p.m. on October 30th, 2014.

NOTICE

TO: Gary Boudreau
26 Punch Bowl Drive, Halifax, NS B3H 1A1

FROM: Jason D.L. Boudrot
Boudrot Rodgers Law Inc.
301 Pitt Street, Unit 1, Port Hawkesbury, NS B9A 2T6

Solicitor for Shining Waters Marine Limited
148 Nautical Way, Tantallon, NS B3Z 2P3

RE: *Sale of Motor Vehicle (Sandpiper Water Charters)*
Pursuant to the Warehouseman's Lien Act (Nova Scotia)

Take notice that on October 31st, 2014 the Motor Vehicle, Sandpiper Water Charters, located at 148 Nautical Way, Tantallon, NS B3Z 2P3, shall be sold at public sale to take place at 10:00 a.m. on October 31st, 2014, at 148 Nautical Way, Tantallon, Nova Scotia, unless the full sum of \$6,598.98, being the total amount owed by you to Shining Waters Marine Limited is paid in full on or before 5:00 p.m. on October 30th, 2014.

NEW RICH KID 'REALITY' SHOW IS ANYTHING BUT

First came the Real Housewives; now come the wealthy daughters.

Television audiences seem to have an insatiable appetite when it comes to voyeuristic faux-reality shows about the lifestyles of the rich and desperate-to-be-famous. In Vancouver, local television producer Kevin Li is set to launch a new web-based reality series focused on the city's affluent Chinese-Canadian population. The name says it all, really: Ultra Rich Asian Girls of Vancouver.

This "reality" show (which certainly requires the use of air quotes around the word reality) claims to offer a glimpse into the excessive lives of some of the city's wealthiest residents. The YouTube promo features two minutes of beautiful young women preening themselves and gossiping to the camera about important issues such as plastic surgery and the unforgivable faux pas of bringing the wrong designer handbag to a front-



SHE SAYS
Jessica Napier
metronews.ca

row seat at a fashion show. The actual plot of the show is still a bit of a mystery, but rumour has it the stars will "compete in various shopping and lounging activities." I hate every part of this concept, but will likely watch out of morbid curiosity. The series is produced by HBIC.tv, which is an acronym that I'll assume refers to the Internet-famous phrase Hot Bitch In Charge. What these women are actually "in charge" of remains to be seen. Surely not their own bank accounts, which are likely controlled by their affluent parents.

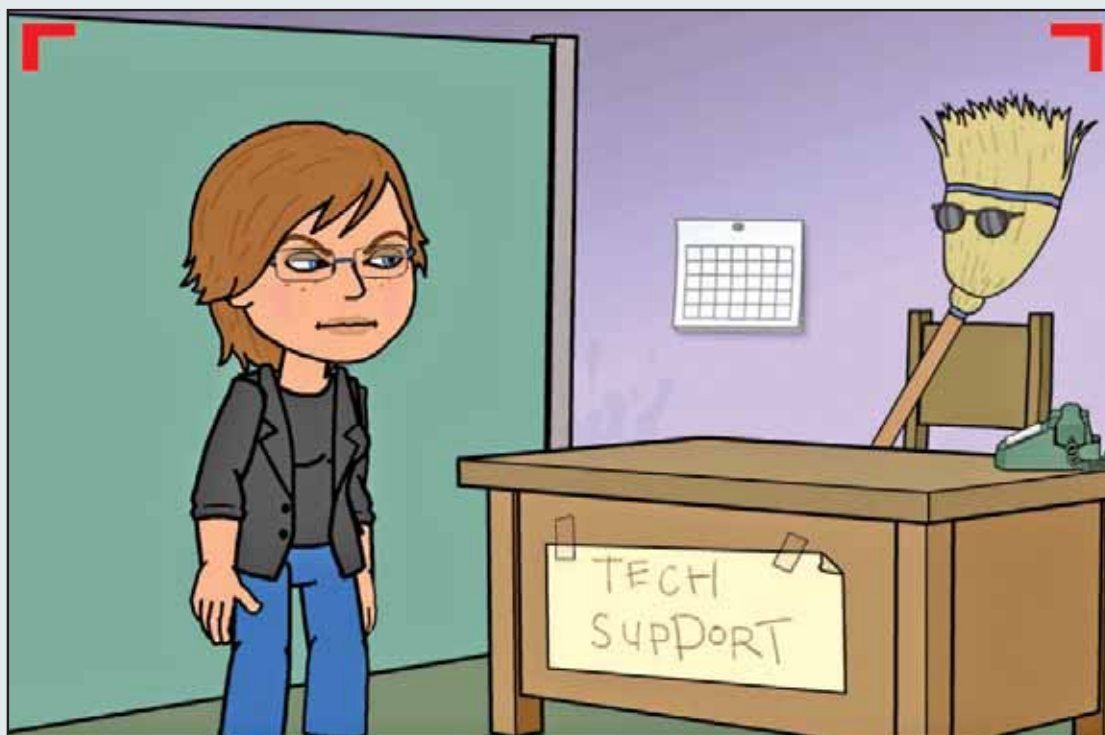
And large numbers of ultra-rich immigrants moving to Vancouver could actually be a very interesting cultural phenomenon to focus the lens on, but you'd never know it from this show.

For years, Canada's controversial Immigrant Investor Programme (IIP) attracted an influx of foreign investors to the city, the vast majority from mainland China. The so-called cash-for-citizenship program was scrapped earlier this year, but

the impact on the local economy could be long-lasting. Wealthy migrants have injected money into the local economy, but they've also helped drive up housing prices in the Lower Mainland region and made the area one of the most expensive real estate markets in the country, according to a recent Report on Business article entitled Vancouver's real estate boom: The rising price of "heaven." Vancouver is now the second-least affordable city in the world, according to a 2014 report from U.S. think tank Demographia, which some say is directly linked to the influx of wealthy immigrants. But you'd never glean that from watching highly fabricated shows such as Real Housewives and Ultra Rich Asian Girls, which focus instead on product placement for luxury wristwatches and inciting petty drama between the stars.

The upcoming web series has yet to debut, but will likely fizzle out. After all, how many hours can anyone spend watching young women flaunt their family money and cry over bad hair extensions? While it might be a fun escape to watch spoiled pretty young things burn through their fortunes, for most us, this is the furthest you could possibly get from reality.

Metro Bitstrips caption contest Today's winner: Shannon McParlane



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Bitstrips

MetroTube



You'll never believe what happens next in this video about something or other



ANDREW FIFIELD
andrew.fifield@metronews.ca

Listen, we know the whole "the less we tell you about it, the better" is a hackneyed way to introduce things — but it's the only proper way for this video. Here are the basics, though: It's an 11-second display of highly honed marksmanship. Maybe. (YouTube/umair kahn)



Twitter

@metropicks asked: A family abandoned its new home after finding out it was infested with thousands of venomous spiders. What's the worst surprise you ever found in a purchase?

@speirs: Purchased a home, found a momentary sense of self-worth, and... rodents aka FREE pets! Yay!!!

@AbeOudshoorn: The drop ceiling in our basement being full of used needles and other drug paraphernalia was...unfortunate.



SEE THE NEWS COME ALIVE

In this issue, you can find AR enhancements on page 17 in Scene, page 24 in Life and page 26 in Sports.

To see these pages spring to life, download or update the Metro News app and follow these three easy steps:

1. Open the Metro News app on your smartphone or tablet device. Click the AR icon in the top right corner.
2. Hold your device over any image that has the AR logo near it. Wait for the green scan bar to read the image!
3. Voilà! You should see the AR in action.



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Game's up! It's not just play

Avatar Secrets.

A video game may be an unlikely place to uncover who you are, but that is where interactive producer Ramona Pringle began to change her life

Moving back to Toronto from New York to care for her ailing mother, and breaking up with her boyfriend, Pringle discovered the world of MMOGs (massively multi-player online games). She created her own avatar, Tristanova, and through her on-line play made discoveries about the real world. With Avatar Secrets, a 10-episode documentary commissioned by TVO, Pringle tells her story, examining the online and real worlds and what she learned in both about love, life and relationships.

Over the next 10 days, we will be posting a daily chapter from Avatar Secrets online at metronews.ca/avatar-secrets. To get things started, we asked celebrated Canadian author Douglas Coupland to virtually interview Ramona about the project.

Obviously people are going to wonder how much of this is your own life. Which parts are the most — and which parts are the least — like your own life?

It's an interesting question. One of the big themes I was exploring is: what is real in our increasingly digitized, virtual, networked lives?

There are some moments from my experience in the game that are particularly poignant for me. When I

signed up to play the game, I chose to be a healer, because I'm not interested in violent video games ... but for my first quest in the game, I had to hunt, and it was shocking to me how visceral the experience was.

The animation's terrific. Is that you?

It's me! We have this small amazing team that I think more closely resembles a band than a standard animation pipeline. Everyone is working in unison, and there isn't a single frame that everyone from our team hasn't influenced. ... My mom, Michaela Jordana, who is in the story, is also the project's creative director and brought to Avatar Secrets a wealth of experience as a fine artist, and a commitment to infusing this project with wonder. Olney, the animator, is one of my very best friends, and is also in the story. Mike, the illustrator, is in one of the scenes if you look closely!

Developing any app is usually very expensive. Did you have to overcome financial obstacles in the making of the project?

We are very fortunate to have support from a number of sources including TVO, our broadcast partner, and Ryerson University, where I am a professor. For the creative team, this was a labour of love. From the beginning, everyone got involved because it was more than just a job: the story is timely, the issues are relevant to our lives, and the whole team really believes in innovation and pushing the boundaries.

Games! Which ones do you play and which ones have a soft spot in your heart?

Avatar Secrets is based on my



Ramona Pringle explores what online play taught her about the real world in the 10-part documentary Avatar Secrets. Scan this image with your Metro News app for a video of Pringle talking more about the series and why she hopes you enjoy it. CONTRIBUTED



Episode One: Change

Hesitant at first about what she is getting into, Ramona creates her avatar, Tristanova — a healer — and soon discovers Avatar Secret number one. "The divide that we draw between the virtual and the real is illusory," says Jessica Hammer, a researcher at Columbia University. Scan this photo for a video of Hammer talking about digital games and why they seem strange to us.

COMMISSIONED BY TVO, AVATAR SECRETS IS AN ONLINE DOCUMENTARY THAT EXPLORES THE ALLURE OF THE VIRTUAL WORLD AS A NEW FRONTIER FOR CREATING EMPATHETIC CONNECTIONS AND PURSUING SELF-DISCOVERY.

Watch the series

Visit metronews.ca/avatarsecrets over the next few days as we post daily chapters from Avatar Secrets.

- Collector cards. You can also download 10 collector cards from the series.

experience as a "noob" — an uninitiated player — in World of Warcraft. But the truth is...as much as I was playing to win, I was there as an explorer, a virtual tourist, a researcher.

I have tons of games on my phone and I still love classic board games and card games. Games — or rather play — have a new relevance and centrality to culture that they haven't had in the past.

Your project looks like it could be very addictive. Where do you see it going in the future, a few years down the line, say?

Avatar Secrets has been designed with layers of content ... there are multiple entry points. One person might choose to engage with the project chapter by chapter and explore all of the content. Another might choose to view the whole project in "movie mode," and then return to the experience and dig into the expert interviews and commentary.

As for what's next ... We are premiering in Canada, and will be launching in the U.S. and internationally. We're launching as an interactive documentary for the iPad, but we have plans to version the project for other platforms — from Android to television.

2 SCENE

2014

BETWEEN:

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Financier Michael Wekerle is one of the new judges on Dragon's Den. KEITH BEATY/TORSTAR NEWS SERVICE

Two new dragons enter the CBC den

Entrepreneurial spirits. Finance wizard and celebrity chef sign up for a bit of prime time fire-throwing

Quoted

"We all have a lot of experience in deals, but obviously he has the most."

Dragons' Den judge David Chilton on new addition Michael Wekerle

Bay Street financier Michael Wekerle, billed as "Mick Jagger meets Warren Buffet," and Vancouver restaurateur Vikram Vij are the newest additions to CBC's Dragons' Den.

Returning for a ninth season Wednesday, the newbies join Jim Treliving, Arlene Dickinson and David Chilton to judge Canadians' business ideas and dole out cash to those deemed worthy.

Wekerle has a reputation for being a rock star in bankers' clothing, known for his wild lifestyle as much as his business acumen. But he said he brings a sense of humanity to the show.

"I believe in certain core values and I'm glad to say that all the Dragons ... I find, are very, very strong and ethical people," he said. "Respect, loyalty, generosity, honesty, reciprocity and the best word, empathy — those are the words that I live my life by."

He said he proved his talents on the Toronto Stock Exchange trading room floor at age 18. He went on to

make fortunes investing in media and tech companies, including BlackBerry maker Research In Motion. Dubbed "The Oracle of Bay Street" by Toronto Life magazine, Wekerle now oversees a vast investment portfolio and most recently founded the merchant banking firm Difference Capital.

Chilton said that Wekerle brought a sense of "unpredictability" to the show — in a positive way. He said he looked at deals from a perspective that the other Dragons hadn't.

"We all have a lot of experience in deals, but obviously he has the most. You've probably got the most in the country, in some ways. So I thought there was imagination there and creativity in some of the deal structures that was neat to see. I bet some people at home are going to say, 'Wow, never seen that in the previous eight years,'" he said.

Vij, meanwhile, is well-known in Vancouver for his popular Indian fusion restaurants and cookbooks. Born in India, he left home at age

20 to pursue his culinary dreams, eventually opening his first restaurant, Vij's, in 1994.

"I've done it for 20 years now. It's time for younger entrepreneurs, younger chefs, to come in and create a newer buzz there. It's funny because the other day, somebody in the restaurant industry called me a veteran, and I was like, 'Oh my God, just 20 years ago, I was called a newbie.' So it felt kind of good," he said.

Vij has previously appeared as a judge on CBC's Recipes to Riches and Food Network's Top Chef Canada and Chopped Canada. He said he brings a few new elements to the table.

"One is that immigrant attitude of saying, 'Here I am, studied in Europe, I came here, through sheer hard work and honesty, we managed to get to this point, to the finish line.'"

"I think (I represent) a sector of the industry that has never been represented as often on the panel, a restaurant industry," he said.

THE CANADIAN PRESS

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Pop goes the week

Cannon erases his traces of Mariah



STARGAZING
Malene Arpe
scene@metronews.ca

Nick Cannon covers up his "Mariah" back tattoo with a hideous crucifixion/angel-wing mash-up. It symbolizes his religious faith and new beginnings and also serves as a constant reminder that tattooing someone's name across your back in massive letters is a sure way to end up with a hideous crucifixion/angel-wing mash-up.

This Week in Braids: 1) Willie Nelson's braids sold for \$37,000 at auction. 2) One Direction's Harry Styles has started French-braiding his hair. 3) Swedish TV eliminates some very offensive language before rerunning the iconic Pippi Longstocking series.

It sounded like Mariah Carey was very angry when, while performing live in Japan, she changed the lyrics to an old song and sang "I know you cheated



mother-bleeper." "Whatever," said Nick Cannon, "Angel-wing-Jesus-terror will protect me."

This Week in Television Announcements: 1) Everyone gets really excited when it's announced that Twin Peaks is returning. 2) John Cusack and Cameron Crowe get really upset when NBC announces a Say Anything TV show. 3) No one realizes Dallas is still on when it's announced the show has been cancelled.

Mark Wahlberg's new six-acre property has a wine cellar, a library, a home theatre, two Jacuzzis, a slide, a diving board, a putting green and a basketball court.

While you may be shocked to learn Mark Wahlberg has a library, it's probably more surprising that he doesn't have a boathouse shaped like a sneaker.

Justin Bieber and Karl Lagerfeld are collaborating on a top-secret, as-yet-unknown project. Possible guesses as to what they could be doing together include: 1) Wispy moustaches for cats. 2) Drop-crotch tattoos. 3) Self interest. 4) Sneers.

Sony plans to develop Robin Hood characters into a multi-film cinematic universe. I bet I'm not the only one looking forward to Friar Tuck: The Tuckening.

Paltrow prickly over presidential party planning

In L.A., the telltale sign of a President Obama fundraising visit has always been Roland Emmerich movie-level terrible traffic, but now we have another one: Gwyneth Paltrow smoking. The Goop guru hosted a DNC fundraiser at her Brentwood home last week, and apparently "was extremely unpleasant all day," a miffed staffer tells Radar Online. "She kept saying that she was pissed off because everything was running behind schedule. At around 10 a.m., she started drinking wine and she was smoking cigarettes all day," the — just guessing here — former catering employee says, adding that any Paltrow run-ins only happened early in the day, before staff were instructed to steer clear.



Gwyneth Paltrow ALL PHOTOS: GETTY IMAGES

"She was walking around on her phone and talking really loud to friends, letting everyone know that the president was coming

to her house, as if everyone didn't know already." This never would've happened at a Martha Stewart-hosted fundraiser.

There's no place for children in the Swift life

Taylor Swift might have gone off the whole idea of having kids, and it's apparently all the paparazzi's fault.

"I don't know if I'll have kids," she tells InStyle.

"It's impossible not to picture certain scenarios and how you would try to convince them that they have a normal life when, inevitably,

there will be strange men pointing giant cameras at them from the time they are babies."

I'm guessing she's seen the kind of emotional toll that lifestyle has taken on her cat, Olivia Benson.

And I mean, it makes sense, if she's not even willing to leave her cats at home when she goes out.



Taylor Swift

Bynes back in L.A. for help

Amanda Bynes is back on the west coast and back in treatment. According to TMZ, the former All That star returned to L.A. over the weekend and has been admitted to the Las Encinas mental health facility in Pasadena. "Amanda agreed to come back to Los Angeles," a source says. It is expected that her parents will return to court this week to request a reinstatement of their conservatorship, which expired in August.

Twitter



@Rosie
All roads lead to Joni Mitchell



@Real_Liam_Payne
I have a cold :(Owwwwwww



@lenadunham
Life is too short for me not to have sooo many puppies, right?

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Health care's digital evolution

Trends. These are five ways in which the face of medicine may change in the future

EVA
KIS
Metro in New York City

The field of medicine is beginning to resemble Silicon Valley, says Unity Stokes, president of StartUp Health — an organization that provides coaching to startup health entrepreneurs.

"We believe that it's going to be the entrepreneurs, innovators, the doctopreneurs that are going to reinvent health care," he says.

Driving the rise of small companies in the medical field is the end of one-size-fits-all treatments.

"I think for many years, people have been binned into broad categories," says Stokes. "But now, new technologies are enabling us to really be treated as individuals, to understand your health on a personal level."

Digital assistants — apps, wearable gadgets and smart devices such as Vessyl — are loaded with more and more personal data, quantifying steps, heart rate and hours slept.

These technologies are giving people a more complete picture of their well-being — and changing doctors' role. Stokes gives us a preview of the trends in health care.

At-home diagnostics

"I think our concept of what a hospital is will completely change over the coming decade. You'll start to see a lot more care being done in your



As health care goes digital, it may become possible to do an ultrasound from the comfort of your own home. ISTOCK

home. Imagine being able to do an ultrasound from your iPhone or your tablet right from the comfort of your own home, and then beam that image to your doctor," Stokes says, adding that accessing your health information should be as easy as getting a car with Uber.

Truly preventive medicine

"We're seeing the cost for consumer genomics come down," says Stokes.

Hundreds of medical issues have been tied to genetic abnormalities, and being able to understand your

DNA and how it may impact the conditions you're at risk of developing can shape your behaviour, including whether you should seek testing sooner than the recommended age.

Looking inside for answers

Besides genome mapping, another important area of focus will be to decipher our personal microbiomes to "understand what's going on in the ecosystem inside of you," says Stokes.

Gut bacteria, whether they're absent or the wrong strain, have been tied to

health issues including mood disorders and obesity. Scientists are looking at how food and sleep influence these colonies and the extent of their health effects.

Wearables are just the start

Health reflects lifestyle, and objective data on nutrition, sleep and exercise is crucial for an accurate profile.

"We're going to start to see health and wellness being integrated into every aspect of our lives, oftentimes in invisible ways, whether that's designed into your refrigerator, your car seat or

your phone," says Stokes.

Better habits by design

Innovation is not always about making something new but rethinking what we're already using.

"(Engineers) can start with simple design: How is a refrigerator designed to make sure you eat the healthiest foods first? And then you can do all sorts of high-tech things: Put sensors in there to track what you're eating and how frequently, and correlate that with how you're feeling and how you're sleeping every day."

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Terms: Ten per cent (10%) deposit payable to Boyne Clarke LLP in trust by cash, certified cheque, or solicitor's trust cheque at the time of sale, remainder within fifteen days upon delivery of deed.

Signature
Signed on the ____ day of September, 2014.

I. Andrew Rankin
Barrister & Solicitor
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Halifax, NS B3J 3N4
Telephone: 902-423-6361/Fax: 902-420-9326
11260-1062772/csm

Joshua J. Santimaw, Barrister and Solicitor

LEARNING CURVE

Midterm madness

Determine your study style to maximize success

While the ideal time to start studying for midterms was when the semester started, for those who haven't quite kept up that pace, the key is to break study sessions into chunks, as opposed to doing a giant cram session.

It's important to be strategic when studying, so before cracking open a textbook, find out exactly what the midterm covers. For example, if the professor says it's the first three chapters of the textbook, dig deeper. Ask the professor if it's the entire three chapters, the case studies or something else.

"The more precise students can be, the more accurate their studying will be, so they won't waste time," says Mebbie Bell, learning resources facilitator with the University of Alberta's Student Success Centre.

Ideally, a study session for a particular subject shouldn't last any longer than two to three hours. Depending on what works best

"THERE ARE SO MANY SUPPORTS AND RESOURCES AT ALL COLLEGES AND UNIVERSITIES."

– Diana McIntyre, co-ordinator of the Student Academic Success Initiative at George Brown College

for the individual, throwing in some short breaks is probably a good idea. How a student goes about studying should be tailored to their learning style, be it visual, auditory, or kinesthetic. The problem is, many students don't know what their learning style is, but most institutions have a solution.

"There are so many supports and resources at all colleges and universities," says Diana McIntyre, the co-ordinator of the Student Academic Success Initiative at George Brown College in Toronto.



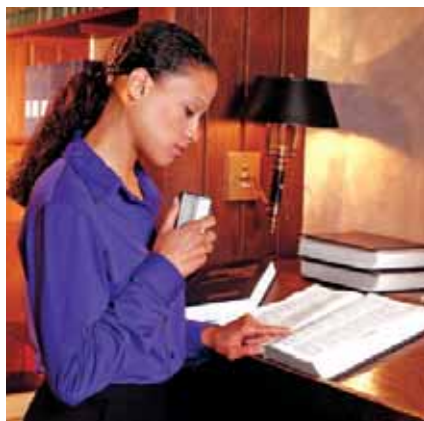
SHUTTERSTOCK

Most institutions offer study tip seminars and one-on-one support to students to help them figure out their most effective studying methods and learning styles.

For example, visual learners typically learn well when using pictures, graphs and

diagrams. Auditory learners like listening to recordings and discussing subject matter. Kinesthetic learners typically like making notes, highlighting material and creating activities to help process information.

– Richard Woodbury



CONTRIBUTED

Success trains students for rewarding careers

A successful career is not always measured in dollars in the bank but by the satisfaction the job brings to one and those around them.

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lives of others," says Janice Currie, director, Success College.

One of the ways Success College does this is through its training in criminal justice and the legal industry.

This includes everything from paralegal to policing and prisons, with each program taught by industry experts and designed to be completed in just 60 weeks.

Currie says the paralegal program is per-

fect for those who are detail-oriented, organized individuals interested in the intriguing field of law.

"Paralegals, sometimes called legal assistants, work closely with lawyers, prosecutors, and public defenders, and serve as valued members of a legal team," Currie says.

The correctional worker and police foundations diploma program from Success College is designed for individuals with a strong interest in criminal justice and a desire to serve their community in a beneficial way.

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The NAS program is an intensive introduction to networking, aimed at producing students who are ready to enter the workforce as soon as they graduate.

"One of the big things we try to stress in this program is real-world applications," says Traverse Davies, program head, network administration specialist. "We try to make our grads ready to face any challenges that come up, and we try to give them the tools to continue learning throughout their career, as the industry changes constantly."

Developed by working professionals, the NAS program begins with a foundation of computer networking and administration skills and further builds and expands on this



SHUTTERSTOCK

foundation that students will use to launch their professional career in IT.

NAS students will learn how to manage projects, ensure they follow standards, how to work within an organization, and how to talk to non-technical people about tech problems.

"We teach them beyond the technical end of things," Davies says.

For more information about da Vinci College, visit davincicollege.org.



SHUTTERSTOCK

Learn leadership skills from CCF

For Abe Brown, wanting to better communicate with his staff and to be a more effective leader were the driving forces to enrolling in the certified life and executive coach training course that he now teaches.

In 2006, Brown was in a leadership role and decided it was time to take coaching more seriously to get more out of the people with which he was working.

"I was having success, but not as much as I wanted to," says Brown, North American president of the Certified Coaches Federation (CCF). "I needed tools to get people more engaged."

That is when he began the training.

"It has vastly improved my interpersonal communications," Browns says. "I am a much

better listener, a more thoughtful and intelligent listener. I think a lot of managers don't have engaged employees because their verbal and non-verbal communication is just so bad."

And within the organization, he saw significant changes, in some cases, multimillion-dollar changes.

The certified life and executive coach training course is a two-day, intensive course that will teach individuals coaching principles to improve themselves both personally and professionally. It takes place Nov. 1-2 at the Best Western, in Chocolate Lake, Halifax.

Registration is open now. For more information, visit certifiedcoachesfederation.com, or contact Abe Brown at 866-455-2155 or abe@certifiedcoachesfederation.com.

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Saint Mary's offers more than 20 different majors and a huge variety of minors and course groupings across faculties, and is one of the most flexible degree programs among universities anywhere.

"Saint Mary's faculty of arts can assist students to customize their degrees to come up with a unique combination," MacDonald says. "When students graduate from university programs today, especially professional programs, they often share the same body of courses with little opportunity for unique-



Margaret MacDonald, dean of arts, Saint Mary's University. CONTRIBUTED

ness, but Saint Mary's arts allows more flexibility."

Saint Mary's University is also one of just a few universities to offer a BA co-op program. It is available to all arts majors, giving students the opportunity to apply their learning to real-world work environments like hospitals and law firms.

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If the founder of the school was a chartered accountant himself, there is no better way of knowing that Maritime Business College (MBC) knows accounting.

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"Our program carries on this long tradition and helps meet the demand for people who can create and interpret the financial data necessary for day-to-day decision-making," says Janice Currie, director, MBC.

Currie says accounting is a great career choice for those who love a clear process, have a knack for numbers, and pay great attention to detail.

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"There are thousands of jobs in bookkeeping, which is the first and most fundamental part of accounting," Currie says.

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You say potato, we say make sure it's stuffed with a hearty filling

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There is no one-size-fits-all potato



NUTRI-BITES
Theresa Albert
DHN, RNCP
myfriendinfood.com

Potatoes get a raw deal. They are a delicious and nourishing vegetable, and yet they get lumped in with all the "bad carbs."

Loaded with potassium and fibre, among other key stress-fighting nutrients, they also contain lysine, which is an important amino acid missing from many grains — and therefore missing from some vegetarian diets.

Different potato varieties behave differently with each cooking method, so I went to the expert, Trevor Downey, a fourth-generation potato farmer from Ontario and the president of Downey Farms and Bistro Fresh, to find out what's what.

"Methods of cooking make proteins and starches behave differently; some need dry heat, others water," he says. "Some are made

to fall apart into a creamy mash, others you want to hold together in a pot of water. The right potato looks lovely and has just the right push back against the fork when roasted in the oven."

Here is your cheat sheet:

- Yukon Gold is best for mashing.
- Small red potatoes are excellent for roasting.
- Russet potatoes are the only answer for baking.
- White potatoes are the most firm for boiling.

Using the right potato for the right job makes your job easier. There is no one-size-fits-all potato, but they all have more potassium and much less sugar than that banana you keep hearing about. No need to be afraid of potatoes anymore.

THERESA ALBERT IS A FOOD COMMUNICATIONS SPECIALIST AND PRIVATE NUTRITIONIST IN TORONTO. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM



Chili Stuffed Baked Russet Potato. As the temperatures begin to dip a little bit, warm up with this delicious and filling dish

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FLASH FOOD



From your fridge
to your table in
30 minutes or less

Nothing says hearty fall meal like baked potatoes and chili.

This version is lean, filling and perfect for a quick week-night meal that tastes like it took longer than it did!

Both parts can be made ahead and stored in the fridge for up to five days, which makes it perfect for doubling and therefore making it your "eat in front of the game" meal.

A simple microwave warming and mixing together is all you will need ... plus a cold beer.

1. Scrub the small russet potatoes clean and then poke them with a knife in four places.

2. Place potatoes on tin foil-lined baking sheet and then place into a 400 F oven for 30



This recipe takes about 30 minutes to make and serves four. Scan this picture using your Metro News app to see a video of Theresa learning all about the wide range of potatoes and which ones are best suited for your favourite dishes. THERESA ALBERT

Ingredients

- 4 small russet potatoes
- 1 tsp extra virgin olive oil
- 1 onion, chopped
- 1/2 lb ground turkey
- 1 tbsp chili powder
- 1 teaspoon cumin
- 2 cups tomato sauce
- 1 can kidney beans, drained
- 4 oz blue cheese, crumbled

minutes. (If the potatoes are larger, you may need to cook them longer.)

3. In a large pot, brown the chopped onion in the extra virgin olive oil and stir in the

ground turkey. Cook through for 10 minutes, stir in the chili powder, cumin and tomato sauce.

4. Cover and cook the chili for about 10 minutes and

then stir in the kidney beans.

5. When the potatoes are soft, take out of the oven and allow to cool slightly then cut a crosswise slit in the centre of each one and squeeze the sides. Top each potato with chili and blue cheese. Serve with a salad.

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TOP SIX @6
Weeknights at 6 Jillian counts down the HOTTEST songs of the day

- 6 Shawn Mendes Life of The Party
- 5 Jessie J, Ariana Grande & Nicki Minaj Bang Bang
- 4 Nicki Minaj Anaconda
- 3 Jeremih ft YG Don't Tell 'em
- 2 Meghan Trainor All About That Bass
- 1 Taylor Swift Shake It Off

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Mooseheads win at home, falter on road

QMJHL. Herd start weekend with a win before losing a pair of away games



KRISTEN LIPSCOMBE
kristen.lipscombe@metronews.ca

The Halifax Mooseheads added one win and two losses to their regular-season record over the weekend.

They edged the Charlottetown Islanders 3-2 on Friday night at the Scotiabank Centre, fell 5-2 to the Saint John Sea Dogs on Saturday night at Harbour Station and suffered a 2-0 loss to the Acadie-Bathurst Titan on Sunday afternoon at the K.C. Irving Centre.

On Sunday, Nicholas Blanchard cracked the scoreboard first for Acadie-Bathurst, on a power play early in the second period. Mark Simpson capped it off with an unassisted marker at 6:36 in the third period.

Acadie-Bathurst goaltender Jacob Brennan, who is from Bedford, turned away 30 shots. Veteran Halifax netminder Zachary Fucale made 30 saves.

On Saturday, rookie Moose netminder Kevin Resop turned away 32 pucks against the Sea Dogs.

It was the first start between the posts for the 17-year-old from St. Petersburg, Fla., since Sept. 20 and Fucale's return from Montreal Canadiens camp.

Saint John right-winger Justice Dundas opened the scoring late in the first, but it only took 27 seconds into the middle frame for explosive Halifax forward Nikolaj Ehlers



Zachary Fucale made 30 saves Sunday night on the road against the Acadie-Bathurst Titan, and 24 saves Friday night at home against the Charlottetown Islanders, as the Halifax Mooseheads played three games in three days over the weekend. JEFF HARPER/METRO

to tie it up.

Saint John reclaimed the lead with Thomas Chabot and Mathieu Joseph adding markers less than two minutes apart to make it 3-1 going into the second intermission.

Left-winger Vincent Watt brought the Moose to within one early in the third, but Spencer Smallman added one to make it 4-2 and a second on the empty net to seal the deal for the Sea Dogs.

On Friday, the Moose may

have worn pink jerseys, but that didn't stop them from dropping their gloves.

Defenceman Matt Murphy, 19, did exactly that in the win over the Islanders, taking five for fighting and a 10-minute misconduct for instigating a second-period melee, putting his dukes up after forward Ehlers, 18, got whacked around the knees in front of the benches.

"He got hit pretty hard, so a guy like that, you gotta de-

fend him," the six-foot-two, 207-pound blue-liner said. "There's no secret he's our best player right now."

Veteran forwards Timo Meier, Danny Moynihan and Watt stepped up, each finding the back of the net.

Murphy was named third star, Fucale was named first star for his 24 saves on 26 shots and Islanders goalie Mason McDonald, who hails from Halifax, took second star for 27 saves on 30 shots.

Cracking six figures

More than 8,100 ticket holders attended Friday night's Pink in the Rink event, hosted by the Halifax Mooseheads at Scotiabank Centre, helping put total funds raised at \$100,000 over seven years for the Atlantic branch of the Canadian Breast Cancer Foundation.

Huskies lose sixth straight game

The Saint Mary's Huskies claimed their sixth straight loss of the football season Saturday.

The Huskies fell 33-1 to the Mount Allison Mounties at MacAulay Field in Sackville, N.B., putting the former in fourth and last place, and the latter in first place, in the

Atlantic University Sport conference.

Saint Mary's scored its only point late in the game, a rouge on a missed field goal attempt by kicker Chase Ko-dejs in the fourth quarter.

The defending AUS champion Mount Allison held Saint Mary's to eight first downs

Winless

0-6

The Huskies have yet to win a game through six contests.

and 105 yards of offence.

Mounties quarterback Brandon Leyh was 18 of 33 for 253 yards with one touchdown and one interception, while Huskies quarterback Jean Legault was 12 of 27 for 68 yards and three interceptions.

Huskies running back Melvin Abankwah had 24 yards

on 15 carries.

The Huskies will try for their first win of 2014 next Saturday, when they travel to Antigonish to take on the St. Francis Xavier X-Men. The last time the two teams met, the X-Men topped the Huskies 31-7 on Sept. 5 to start the season. KRISTEN LIPSCOMBE/METRO

Young, skilful and lightning fast

Nathan MacKinnon.

Colorado's 19-year-old prodigy passes, scores and, boy, can he skate

Ask players around the league who's the fastest skater in the NHL and the same names come up: Taylor Hall, Michael Grabner, Blake Wheeler, Andrew Cogliano and Carl Hagelin.

Edmonton's Hall likes the speed of New York Islanders' Grabner, but he mentions another player without hesitation.

"Nathan MacKinnon," Hall said of the young Colorado Avalanche player.

"When we played against him last year, he took off at one point during the game and I'd never seen anything like that."

MacKinnon, last year's Calder Trophy winner as rookie of the year with 24 goals and 39 assists, might be the best combination of speed and skill since Pavel Bure.

Hall believes if he raced against MacKinnon and Grabner, which could happen at



Colorado Avalanche centre Nathan MacKinnon at a first-round playoff game in Denver, in April. The NHL's 2013-2014 rookie of the year is now mentioned among the league's fastest skaters. JACK DEMPSEY/THE ASSOCIATED PRESS FILE

the All-Star skills competition in Columbus in January, the 19-year-old budding Avalanche star would win.

But Colorado captain Gab-

riel Landeskog pointed out another aspect of MacKinnon's speed that makes him so dangerous.

"I'd go another step and say

he's the fastest skater in the league with the puck," Landeskog said. "It's easy to be fast without the puck, but when you have the puck, it's a com-

pletely different thing. That's what Nate does so well."

Landeskog spent his first three NHL seasons playing with former Avalanche centre Paul Stastny, who is now with the St. Louis Blues. Landeskog said Stastny is adept at slowing the game down to make plays, but what MacKinnon does so well is think and play the game at full speed.

"That's what the best players do," Landeskog said. "They're a step ahead and I think when it comes to Nate, when you're able to move at a high pace and stickhandle at the same time and make moves at the same time, that's when it's hard on defencemen."

MacKinnon, who will face the Toronto Maple Leafs on Tuesday at the Air Canada Centre, isn't eager to dissect his own game. But he knows he needs quick speed bursts to be successful.

"Obviously, I think my speed is my biggest strength," he said. "I think when you get the puck you're always so excited, you have a little extra jump in your step."

THE ASSOCIATED PRESS

Olympic level

Speedskater no match

Nathan MacKinnon showed his speed when he raced against Canadian gold-medal speedskater Charles Hamelin in a promotional skate video. In the 50-foot race from blue line to blue line, MacKinnon beat Hamelin with a time of 2.5 seconds.

In past skills competitions, players have raced a lap around the outside of the rink. Mike Gartner set the record of 13.386 seconds in 1996, which Carl Hagelin of the New York Rangers broke (13.218) at the last event in Ottawa in 2012.

MacKinnon, Taylor Hall and Michael Grabner could challenge that in a few months. But MacKinnon says speed with the puck is what matters.

"In the game, though, it's always different," he said. THE ASSOCIATED PRESS



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A 5-1 rout. Ducks drub helpless Sabres in Buffalo

Rookie William Karlsson scored the first two goals of his career in leading the Anaheim Ducks to a 5-1 victory over the winless Buffalo Sabres on Monday afternoon.

Ryan Kesler scored on a third-period penalty shot and Corey Perry and Matt Beleskey had a goal each during a one-sided game in which Anaheim outshot the Sabres 44-12.

The Ducks (2-1) were so dominant — and Sabres so inept — that Anaheim was outshooting Buffalo 40-10 when Kesler beat goalie Michal Neuvirth with a low shot inside the left post with 7:35 remaining.

Frederik Andersen stopped 11 shots to win his second of the season and career-best matching sixth straight. Andersen, however, was denied a chance to earn his first career shutout when Tyler Ennis converted Matt Moulson's centring pass from behind the net at 6:36 of the third.

THE ASSOCIATED PRESS



No. 13 was no bad luck here

CFL legend Anthony Calvillo poses as he was being honoured before the Alouettes' game against the Riders in Montreal, Monday. Scan the image with your Metro News app for a roundup of the weekend's CFL action. GRAHAM HUGHES/THE CANADIAN PRESS

And the combine twice

Buffalo to host 2016 draft

The Buffalo Sabres are already hosting the NHL's annual pre-draft scouting combine in each of the next two years. Now, they're getting the 2016 draft.

NHL Commissioner Gary Bettman formally announced Buffalo's selection at a news conference shortly before the Sabres' home

game against the Anaheim Ducks on Monday afternoon.

"Awarding the 2016 NHL draft to Buffalo honours the passion of its fans for our sports and reflects the commitment Terry and Kim Pegula to the Sabres and to Buffalo," Bettman said, referring to the Sabres owners.

It will mark the third time Buffalo will be home to the league's annual draft. The Sabres previously hosted the draft in 1991 and '98.

THE ASSOCIATED PRESS

AUGMENTED REALITY

Stuck on 12 Across?
Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.



→ See the full instructions on Metro's Voices page.

Horoscopes by Sally Brompton

Aries

March 21 - April 20

Some people will seem more demanding than usual over the next 24 hours, but that's okay. You are willing and able to respond to their needs and that will help your reputation.

Taurus

April 21 - May 21

A number of serious matters will have to be dealt with later in the week but today you can relax and enjoy the good things in life.

Gemini

May 22 - June 21

Your enthusiasm for a project will reach new heights today but don't just throw yourself at it in one mad rush. A little bit of planning now will lead to huge benefits later.

Cancer

June 22 - July 23

The best way to solve a relationship issue is not to show ultimatums but to show a genuine interest in why the object of your affection seems so negative at the moment.

Leo

July 24 - Aug. 23

You may still be anxious about certain issues but with Jupiter in your sign linked to values planet Venus today, it will all come good in the end.

Virgo

Aug. 24 - Sept. 23

Refuse to be hurried today. The more others try to move you along, the more you should dig in your heels and demand to know why they are in such a rush.

Libra

Sept. 24 - Oct. 23

Today's Venus-Jupiter link indicates that the setbacks of recent weeks will soon be a thing of the past. This is a time when even small efforts can yield amazing results.

Scorpio

Oct. 24 - Nov. 22

Just over a week from now, a new solar year begins for you, so make sure your head and your heart are in a good place.

Sagittarius

Nov. 23 - Dec. 21

You may have strong opinions about serious issues but you don't have to be aggressive about them. You will accomplish much more if you talk and act nice.

Capricorn

Dec. 22 - Jan. 20

It may be true that much of what you do in life depends on other people, but there are still many things over which you have total control. Be positive and smile often.

Aquarius

Jan. 21 - Feb. 19

You should be wonderfully happy today. This is one of the best times of the year for you but it won't last much longer, so cheer up and love your life.

Pisces

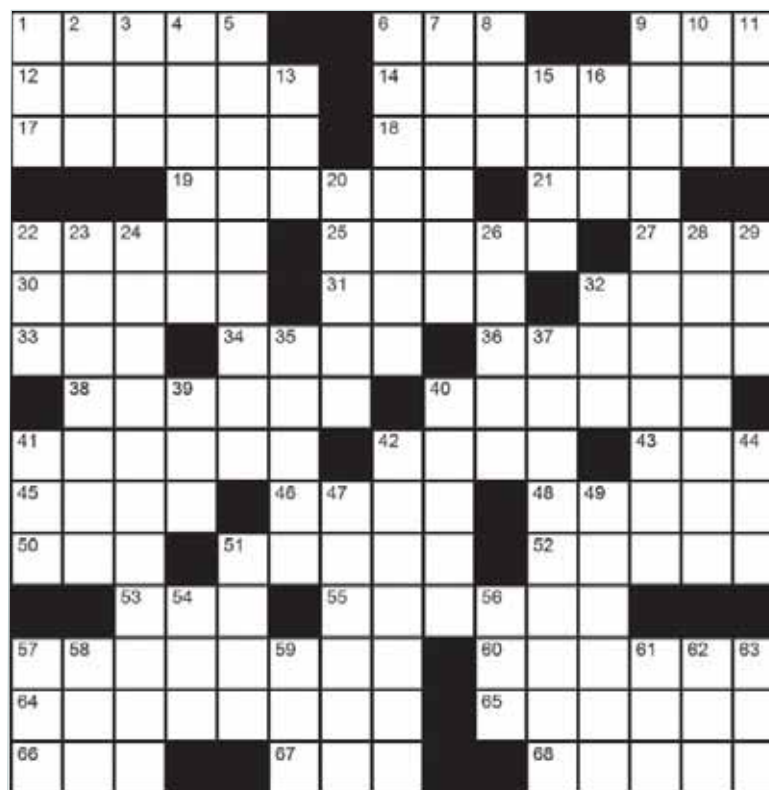
Feb. 20 - March 20

Financial security may be uppermost in your mind but there are other things to consider, such as how much extra work you will have to do for that extra cash you need.

Crossword: Canada Across and Down by Kelly Ann Buchanan

Across

1. Classical composer, Louis ____
6. Hesitant sounds
9. Literary fairy queen
12. "____ not..." - Hamlet
14. Baker's flaky creation: 2 wds.
17. Montreal retailer since 1866
18. The Band Perry tune that goes "We scratched our names in that oak tree..."
19. Ending
21. Edm. footballer
22. Greyish
25. Alpine dry wind
27. Poke fun
30. Stock
31. L' ____ Verte, Que.
32. Road type
33. Equivalence
34. Desert-like
36. Ms Christie
38. Comedy's Allen
40. Air-passage surgery, briefly
41. Greek Myth: Winds god
42. Actual
43. Auction ware
45. Hip spelling for a hip chick
46. Ms. Brockovich
48. Bandleader Shaw
50. Winding shape
51. Clumsy
52. Hereditary social class
53. US airport screening org.



55. Postulates
57. Wins bigtime
60. Onion choppers
64. "Disco//Very" indie rockers from L.A.
65. Uncommon
66. 1913 song: "Peg _

- Heart"
67. 'Sulf' suffix
68. Pond buildup
- Down
1. Pou ____ (Vantage point)
2. 1990s fad game disc

3. Kimono belt
4. Canadian actress Tricia
5. Calin ____, Air Canada CEO
6. "____ & Personal"
7. 1963 Tommy

- Tucker tune: "____ Sneakers"
8. Splash! ____ lion
9. The government overturned RCMP's decision to wear wool tuques instead of

- these in winter: 2 wds.
10. ____ rule (Most often)
11. Texter's "I meant to mention..."
13. Rembrandt van ____ (Famous Dutch painter, variantly)
15. Hundred: Spanish
16. Clinic pros
20. Beatles: "So I lit ____ / Isn't it good / Norwegian wood."
22. Naja Haje
23. Pros who prep homes for showings
24. American ____: Freak Show, on FX
26. Supremes' "I ____ Symphony"
28. Acquire
29. Maude portrayer
32. Lake: French
35. Iron: German
37. Number Six was #4-Down's role on series Battlestar ____
39. Entire
40. Camp abodes
41. Stone ____
42. Retort
44. Golfing item
47. Atone
49. Prankster
51. Collector's suffix
54. Dinner, informally
56. Egos and ____
57. "The Ring ____"
58. Bash
59. Spy letters
61. Energy unit
62. TV brand
63. Determine

Friday's Crossword



Online

See today's answers at metronews.ca/answers



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Friday's Sudoku



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Rio4 SX with Navigation shown² hwy / city 100km³: 5.3L/7.3L

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Rio5 SX shown² hwy / city 100km³: 5.3L/7.3L

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NEXT YEAR



Forte SX shown² hwy / city 100km³: 5.3L/8.0L

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Optima SX Turbo AT shown¹

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Rondo EX Luxury 7-seat shown¹

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